

## **COVID-19 ; IMMUNE SYSTEM PROTOCOL.**

**COVID-19 IS ONE OF A FAMILY OF RESPIRATORY VIRUSES THAT CAN BE FATAL IN VULNERABLE PEOPLE.**

### **MAIN SYMPTOMS;**

**RUNNY NOSE , SORE THROAT , COUGH , HEADACHE, FEVER, FLU-LIKE SYMPTOMS.**

**RESPIRATORY INFECTION WHICH IN SOME 20% OF CASES CAN LEAD TO PNEUMONIA , RESPIRATORY FAILURE AND POSSIBLE DEATH.**

**THE FOLLOWING PROTOCOL IS NOT A GUARANTEED DEFENCE OR CURE REGIME , SIMPLY A SENSIBLE WAY OF UPGRADING YOUR IMMUNE SYSTEM.**

**VIT C. 3000 Mg DAILY IN DIVIDED DOSES.**

**VIT D3 2000 IU'S DAILY.**

**MAGNESIUM 400 Mg DAILY.**

**ZINC 20 Mg DAILY.**

**SELENIUM 100 Mg DAILY**

**COQ-10 200 MG DAILY**

### **ACKNOWLEDGEMENTS;**

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**DR THOMAS LEVY. DR CAROLYN WINSOR.**