

The Rosedale Clinic



48 Redlands Road
Reading, Berks. RG1 5HR
Telephone: (0118) 986 6635
Oxford: (01865) 513239
E-Mail: chris@rosedaleclinic.co.uk
Web: www.rosedaleclinic.co.uk

Newsletter 2015

At the leading edge of natural medicine.

Dear Friends,

This year is the completion of 35 years in practice. I have chosen this year to go forward in several ways. The culmination of 2 years hard work with Maxx design of Newbury has resulted in our brand new website, which went live a few weeks ago. The idea has been to rationalise, modernise and focus on bringing a better range of therapies to Reading and Oxford. We have several new practitioners who have joined us in the field of psychotherapy, Thai massage, reflexology and a variety of massage techniques including Indian Head. Check the website out to see the full range of our work. www.rosedaleclinic.co.uk

Several aspects of development have come together this year, I have taken a major role in the company which imports our main medicines and diagnostic devices into the UK. This has meant close work with the producers in Germany, resulting in a furtherance of the concept of a one-stop-shop in natural medicine. Diagnostics, therapy by medicine, acupuncture, bioresonance and also Matrix regeneration therapy.

M.R.T. (see the website) is one of a new generation of therapies to improve circulation, lymph flow and carry therapy programme information direct to the body, all aimed at regenerating health where stagnation has started to take place. I work closely with the hospitals and GPs to sort out areas that may be organic or pathological, as an example, if there was a need for surgery that could be done and then, set about improving the function of the system and tuning it up for best performance.

Probably 10% of medical problems are organic, the rest being to do with function, tuning, toxicity, allergy, that 90% is what we work on in "natural" medicine to help people re-balance the function of their system in as side-effect free manner as possible.



Many people are turning their heads in the direction of retirement at my age (61) !!!!!, However, you are stuck with me for years to come yet !!!! This year launches, what, I think is one of the most exciting projects I have ever done, This is the REJUVU project, For the past 10 years I have been researching and summing data, making notes on the thousands of conversations I have had with all of you, a huge number of friends, as to what needs, aspirations and health projections take place as time goes by, So I came up with the REJUVU concept. This is a complete testing with my main diagnostic methods, EIS, VEGA, Live blood and acupuncture analysis. Further tests for body functions might be organised at labs if required. I would then put forward a plan to action repair where required, optimise nutrition and work on enhancing the whole system in terms of energy, wellbeing and fitness. This includes exercise aswell as a new approach to lifestyle as the body ages and we need better batteries to strengthen us.

In brief, so as not to spoil the book, entitled REJUVU, there are hundreds of books out there which give good advice on how to look after your system as you age, HOWEVER ! they mostly require a Phd in Biochemistry to make sense of them, my book is a series of useful bullet points on how to look after your system, feed it, exercise it and enhance the mind, The book and accompanying training courses should be launched in the spring. It is simple, and easy to follow with web links and even you tube instructional videos. Watch the website for information.

The first Meditation training will take place on March the 14th, Saturday between 10am and 12-00, this is at Rosedale. No charge, just a charity donation. Please book a place by phone to let me know you want to come, I keep numbers to approx 12 per meeting.

This will be, I think a great year for forward movement, thanks for reading this letter,

Best wishes Chris.

